



Yoga Sankirtan Series

**MahaGanapathi  
Dhyana**

## *Introduction*

MahaGanapathi Dhyana is a part of the sacred Yoga Sankirtan audio series aimed at expanding one's individual consciousness and merging with the Infinite.

Yoga Sankirtan is the ancient science of tapping the celestial sound vibrations and creating a divine energy field within oneself. This sacred sadhana (spiritual practice) has been practiced by the yogis and siddhas to attain self-perfection.

Ganapati or Lord Ganesha is the divine son of Goddess Parvati. Gana means group and pati means the leader. From a yogic perspective, Maha Ganapati represents the supreme divine energy which is the ultimate ruler of the multitude of creation both from a macrocosmic and individual level.

## *Mangala Moorthi - The embodiment of auspiciousness*

It is said that when Ganesha was born there was a wave of unexplained happiness and positive energy which the entire creation experienced. He is considered as Mangala Moorthi - a symbol of auspiciousness.

The Yogis enter into that supreme state of happiness effortlessly, by tapping into the energy of Ganesha from within.

## *Vigna Harata - Remover of obstacles*

Ganapathi is also known as Vinayaka which means “the remover.” He is said to be the remover of all obstacles. Traditionally he is the God who is worshipped before the commencement of any task.

The Yogis invoke the energy of Vinayaka from within to remove all the obstacles and blocks in their chosen path, caused by past karmas (actions).

## *Siddhi Daata - The bestower of success*

Siddhi means success and power at all levels. Ganapathi burns up all the karmic obstacles and grants success at all levels – be it worldly or spiritual.

Yogis awaken the supreme power of Maha Ganapathi to attain the Ananta siddhi (the ultimate power arising out of union with the Infinite).



## *Yogic Significance*

In the Yogic path, the holy Masters suggest that sadhaks (spiritual seekers) maintain a perfect balance in life between the outer worldly aspect and the inner spiritual aspect.

The aim is to experience and enjoy the best of the world in a spirit of detachment so as to complete all the experiences and ultimately merge with the Infinite Supreme Reality.

Maha Ganapathi Dhyana is specifically designed to increase the inner powers to be able to attract abundance and materialise one's goals. This would help one to achieve success at both the material and spiritual level.

## *Five Shaktis (Energies) for success*

The Maha Ganapathi Yoga Sankirtan audio material focusses on awakening the following 5 powers necessary for success :

### *Sankalpa Shakti – The energy of resolve*

Sankalpa means a strong mental resolve or will to succeed. This lays the foundation for any achievement.

Sankalpa Shakti sets a clear direction and gives immense clarity to a seeker.

### *Iccha Shakti – The energy of free-willed desire*

Iccha means consciously creating a powerful force of desire from within. This should be differentiated from Kama which refers to an uncontrolled desire which makes you a slave.

Iccha Shakti provides the fuel required to complete the journey.

### *Gnana Shakti – The energy of knowledge*

Gnana refers to the necessary knowledge required to succeed in any field. Knowledge has 2 aspects – Theory and practical skill.

Gnana Shakti refers to both theoretical knowledge and mastery of the necessary practical skills.

### *Kriya Shakti – The energy of action*

Kriya basically means action or execution. The power to execute a plan alone can actually help you materialise and translate your dreams into reality.

Kriya Shakti, when activated, combats the Tamas (spirit of laziness) within a person.



## *Shraddha Shakti – The energy of faith & consistency*

Shraddha means faith in one's ability and a complete trust in the guidance of the higher divine power. This would give the power to be consistent in your efforts till the end.

Shraddha Shakti ensures that all undertakings are completed.

With sincere and regular practice of Maha Ganapathi Dhyana Yoga Sankirtan you are bound to receive the higher grace, live a complete life and merge with the Infinite Consciousness.



Invoke the energy of success

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